

Women Ages 20-49	Women Ages 50-64	Women Ages 65 and over
General well-care visits	General well-care visits	General well-care visits
Every 4 years	Every 2 years	Every 2 years
Screening schedule	Screening schedule	Screening schedule
<ul style="list-style-type: none"> ⌚ Pap test every 2-3 years ⌚ Chlamydia test every year for sexually active women up to age 25* ⌚ Mammogram every 1 or 2 years, based on risk factors or personal choice, beginning at age 40 ⌚ Cholesterol check every 5 years, beginning at age 45 ⌚ Blood pressure check every 2 years 	<ul style="list-style-type: none"> ⌚ Cholesterol check every 5 years ⌚ Blood pressure check every 2 years ⌚ Stool test every year or colonoscopy every 10 years for colon cancer screening ⌚ Pap test every 2-3 years ⌚ Mammogram every 1-2 years, based on risk factors or personal choice ⌚ Osteoporosis screening: women age 60-64 with risk factors, discuss with your doctor 	<ul style="list-style-type: none"> ⌚ Blood pressure check every 2 years ⌚ Vision and hearing check every 2 years ⌚ Stool test every year or colonoscopy every 10 years for colon cancer screening. Women age 80 and over, discuss screening schedule with your doctor ⌚ Mammogram every 1-2 years according to risk for breast cancer; women age 75 and over, discuss screening schedule with your doctor ⌚ Osteoporosis screening: recommended for women age 65 and over
Immunizations	Immunizations	Immunizations
<ul style="list-style-type: none"> ⌚ Tetanus-diphtheria every 10 years** ⌚ Pneumococcal vaccine for high-risk groups ⌚ Flu vaccine every year for high-risk groups*** ⌚ Hepatitis A and Hepatitis B vaccines for those at high risk of infection 	<ul style="list-style-type: none"> ⌚ Tetanus-diphtheria every 10 years** ⌚ Pneumococcal vaccine for high-risk groups ⌚ Flu vaccine every year ⌚ Hepatitis A and Hepatitis B vaccines for those at high risk of infection ⌚ Shingles vaccine once in a lifetime for ages 60 and over (not for anyone who is immune suppressed) 	<ul style="list-style-type: none"> ⌚ Tetanus-diphtheria every 10 years** ⌚ Pneumococcal vaccine one time for ages 65 and over ⌚ Flu vaccine every year ⌚ Hepatitis A and Hepatitis B vaccines for those at high risk of infection ⌚ Shingles vaccine once in a lifetime for ages 60 and over (not for anyone who is immune suppressed)

Men Ages 20-49	Men Ages 50-64	Men Ages 65 and over
General well-care visits	General well-care visits	General well-care visits
Every 4 years	Every 2 years	Every 2 years
Screening schedule	Screening schedule	Screening schedule
<ul style="list-style-type: none"> ⌚ Blood pressure check every 2 years ⌚ Cholesterol check every 5 years, beginning at age 35 	<ul style="list-style-type: none"> ⌚ Cholesterol check every 5 years ⌚ Blood pressure check every 2 years ⌚ Stool test every year or colonoscopy every 10 years for colon cancer screening ⌚ Discuss prostate cancer screening with your doctor 	<ul style="list-style-type: none"> ⌚ Blood pressure check every 2 years ⌚ Vision and hearing check every 2 years ⌚ Stool test every year or colonoscopy every 10 years for colon cancer screening. Men age 80 and over, discuss screening schedule with your doctor ⌚ Discuss prostate cancer screening with your doctor ⌚ Abdominal aortic aneurysm screening: One-time screening for men 65 to 75 who have ever smoked cigarettes
Immunizations	Immunizations	Immunizations
<ul style="list-style-type: none"> ⌚ Tetanus-diphtheria every 10 years** ⌚ Pneumococcal vaccine for high-risk groups ⌚ Flu vaccine every year for high-risk groups*** ⌚ Hepatitis A and Hepatitis B vaccines for those at high risk of infection 	<ul style="list-style-type: none"> ⌚ Tetanus-diphtheria every 10 years** ⌚ Pneumococcal vaccine for high-risk groups ⌚ Flu vaccine every year ⌚ Hepatitis A and Hepatitis B vaccines for those at high risk of infection ⌚ Shingles vaccine once in a lifetime for ages 60 and over (not for anyone who is immune suppressed) 	<ul style="list-style-type: none"> ⌚ Tetanus-diphtheria every 10 years** ⌚ Pneumococcal vaccine one time for ages 65 and over ⌚ Flu vaccine every year ⌚ Hepatitis A and Hepatitis B vaccines for those at high risk of infection ⌚ Shingles vaccine once in a lifetime for ages 60 and over (not for anyone who is immune suppressed)